

Information for the Parish of Hellesdon St. Mary's, St. Michael's and St. Paul's

Rev. Louise Alder Vicar of Hellesdon writes ...

Sometimes I get to the end of the month and think "Where did that one go?" and I am sure there are some of you who wonder what I do with myself out side of Sunday mornings. I have decided this month to "unpack" my diary to give a flavour of what goes on during my week. In writing this brief outline I am not seeking your sympathy over the "busyness" or asking for anything, I just do this because I thought some of you might be interested:



Life Events (used to be known as the Occasional Offices)



- 1 Wedding - preparing service, wedding rehearsal and take the service.
 - 1 Wedding booking meeting for 2019 wedding.
 - 2 Baptisms - prepare the services and take the service.
 - Baptism Matters - 1 full day conference on Baptism organised by the Diocese.
 - 3 funerals at St Mary's church with burial, prepare service, meet with families, complete the necessary paperwork, conversation with Funeral Directors, arrange organist.
-
- 1 Funeral at Earlham Chapel with burial in city Cemetery, prepare service, meet with families, complete the necessary paperwork, conversation with Funeral Directors.
 - 2 Interments of ashes.
 - 3 additional bereavement pastoral visits.
 - Passport forms for a "wedding" family.

Community Contacts



- Supporting 1 Caterpillars and Butterflies Session.
- 1 3C's session.
- Attendance at St Mary's Coffee morning.
- Support at "Open Doors".
- Welcome meeting with Chair of Wensum Academy Trust Trustees. (I have this month been appointed as a Trustee).
- Wensum Academy Trust meeting.
- Family Activity morning - attend, lead session and plan and prepare activities.
- 2 Acts of Collective worship in schools (Valley Academy and Kinsale Junior) - prepare and lead collective worship with a responsive story on Pentecost.

Diocesan

- 1 meeting at Diocesan House in my capacity as Convenor of the Diocesan Children's, Youth and Families Task Force planning for the Royal Norfolk Show and Curates Training Day.
- Curates Training Day - part of team delivering Curates training on working with Children, Young People and families (advanced preparation required).
- Attendance at Deanery Chapter - 1 morning.
- A work-based information day.

Church Matters

- 4 Friday morning administration sessions (9 am - 12 Noon) with Parish Administrator.
- PCC meeting.
- Various phone calls and actions related to roof alarms, St Paul's church user issues.
- Responding to a selection of emails and letters.



Sunday services

- Celebrate and preach at Parish Service.
- Produce and lead Café Church.
- Celebrate and preach on Pentecost Sunday (3 services).

Midweek services

- 2 Wednesday Holy Communions.
- Ascension Day Holy Communion.

Parish Services

Sunday 3rd June 10:00 am
St. Mary's
 Holy Communion



Sunday 1st July 10:00 am
St. Paul's
 Holy Communion



Sunday 29th July 3:00 pm
St. Mary's
 Holy Communion

St. Paul's Wives Fellowship

2:00pm
 St. Paul's Church

Wednesday 6th June

Old Industries of Norwich
with
Rod Spokes

Mothers' Union

2:30 pm
 St. Paul's Church

Tuesday 12th June

Speaker: Mrs. M Spokes



Saturday 2nd June

9:00 am
 The Oaks, Cromer Road

Please bring a friend or a neighbour!

Cromer Methodist Church to host modern art exhibition

One of the Britain's most important collections of modern religious art, the Methodist Modern Art Collection, will be on display in Cromer this summer, coinciding with the town's carnival.



This unique collection of art featuring biblical themes and narrative has toured the UK and abroad since its inception over 50 years ago. The management of the collection is deputed to a body of trustees, whose primary aim is to enable people to connect their faith to art, and also to encourage people outside the Church to consider the Christian message presented through the medium of art.

The collection will be on display at the **Community Matters Cafe, Hall Road, Cromer** and at the **Methodist Church, West Street** next door, from August 7 to 17. The regular visitors to the Community Matters Cafe will have a special preview and lunch on Monday August 6.

The exhibition will be complemented by art workshops and reflective sessions as well as traditional bible studies, all of which will be free and open to all, with no booking required. The church hopes that the **Methodist Modern Art Collection** will provide an opportunity for a whole range of conversations about faith, Jesus and the human condition.

Prayer Triplets

As you meet together to pray this month, please consider the following:-

Christian Aid partners working in Syria, Lebanon and Iraq as they support some of the most vulnerable refugees

For an easing of tension between Israel and the Palestinians.

For all those involved in our Family Activity Mornings.

Kim Jong-Un and Donald Trump as they prepare to meet.

The Psalms

Psalm 95: 1-7

Come, let us sing for joy to the Lord;
let us shout aloud to the Rock of our salvation.

Let us come before him with thanksgiving and extol him with music and song.

For the Lord is the great God, the great King above all gods.

In his hand are the depths of the earth, and the mountain peaks belong to him.

The sea is his, for he made it, and his hands formed the dry land.

Come, let us bow down in worship, let us kneel before the LORD our Maker;
for he is our God and we are the people of his pasture, the flock under his care.



Bible Quiz



Test your Old Testament knowledge with these trivia questions.
Answers will be provided next month!

1. On what day of creation did God create man?
2. What was the name of Adam's third son?
3. What was the first of the Ten Commandments?
4. Which of the twelve tribes of Israel was the smallest at the time of the census conducted by Moses in the first chapter of Numbers?
5. Who was the mother of Samuel?
6. What kind of bird brought Elijah food when he hid in the Kerith ravine, east of Jordan?
7. What is the last word in the Old Testament?
8. How many books are there in the Old Testament?
9. In what language was the Old Testament written?
10. What relation was Jacob to Abraham?
11. Which tribe of Israel looked after the religious aspects of life?
12. On which day of the year could the High Priest enter the Holiest Place, the innermost part of the temple where the covenant box was kept?
13. Israel was split into two kingdoms after the reign of King Solomon with Israel in the north. What was the name of the southern Kingdom?
14. Who was the king in the southern kingdom when Israel fell to Assyria?
15. The southern kingdom eventually fell, but to which great power?
16. After the exile, the Israelites returned and started to rebuild the temple in Jerusalem, but which other prophet along with Zechariah was sent to encourage the completion of the partly built temple?
17. One title of God is El Shaddai. What does it mean?
18. Which King had the longest reign over the Kingdom of Israel?
19. Which of the Old Testament prophets lived during the reign of King Josiah?
20. How many minor prophets are there?